

# Discover Your Colour Personality

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COLOUR PSYCHOLOGY  
IN INTERIOR DESIGN

WINTER

# You are Winter.



**Bold, sophisticated, and effortlessly elegant. You thrive in sleek, striking spaces that reflect your clarity, confidence, and refined taste.**



## Winter personality type

Winter is the season of strength, sophistication, and bold, effortless beauty. Like a star that shines brightly without needing the spotlight, your presence is unmistakable—cool, poised, and powerful. You move with purpose, valuing clarity, order, and spaces that reflect your refined sense of style. Much like the crisp air of winter, your energy is sharp, focused, and undeniably elegant.

As a Winter personality, you are naturally discerning, confident, and composed. You thrive in spaces that feel intentional and refined, where every detail is curated for impact. You value minimalism, but never at the cost of luxury—your world is one of high contrast, striking details, and timeless beauty.

## *bold & striking colour palette*

Your ideal palette is cool, bold, and effortlessly refined. Deep, rich shades of black, white, navy, and dark greys form the foundation, while striking metallics and jewel tones—such as emerald green, sapphire blue, and ruby red—bring a sense of luxury and impact. These colours create a sharp, dynamic contrast, reinforcing your confident, sophisticated style while allowing your space to feel sleek, structured, and visually striking.

## Winter's colours

You are drawn to sharp, high-contrast colours that make a bold statement. Winter thrives on extremes—black and white, deep blues, striking metallics, and jewel tones like emerald and sapphire. These colours are dramatic, sophisticated, and evoke a sense of luxury and power. They are perfect for creating a chic, confident environment that matches your bold, refined personality.

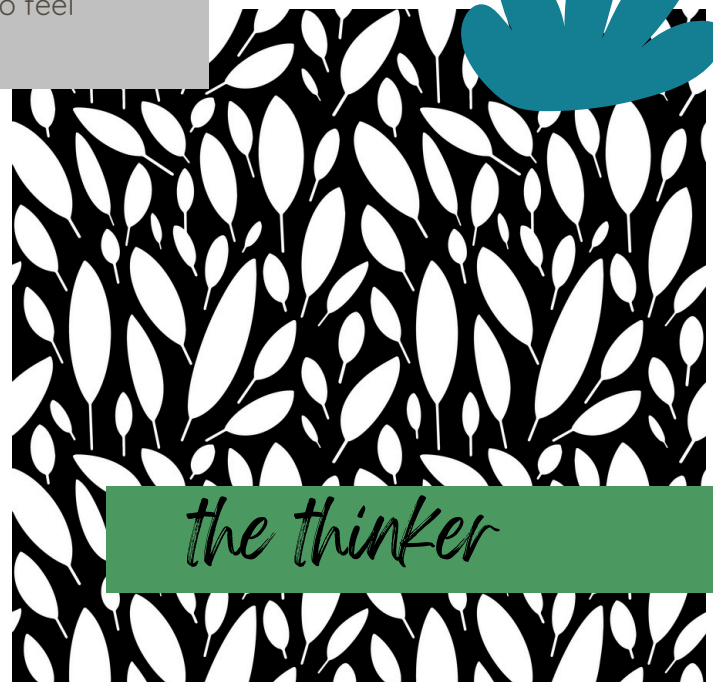


## Using colour in your interiors

Your space should be minimalist and striking, with each piece serving a purpose and making a statement. Use luxurious materials like velvet, silk, leather, and polished marble, or their high-quality faux counterparts like composite, glass, and chrome. These sleek finishes add modern sophistication.

Incorporate bold geometric patterns on rugs, wall art, or accent pieces for visual impact. Stick to sharp lines, minimal styling, and carefully chosen pieces that command attention.

For a timeless effect, blend classic neutrals like black, white, and grey with deep blues and emerald greens. Add metallic accents in gold or silver for extra glamour. Your space should feel sleek, confident and luxurious.



Want to bring your space to life with a sophisticated colour scheme tailored to you? Let's work together to create a home that reflects your personality and energy.

*Leisha x*



Leisha Norman  
INTERIOR DESIGNS

*Hey! it's me, Leisha!*

I hope you had fun taking the colour quiz and reading about your ideal palette!

I'm an interior designer and project manager based in not-so-sunny Southampton, Hampshire, England and I help my clients be brave, not beige when it comes to introducing colours in their home!

I've had the pleasure of helping over 70 homeowners and business owners transform their spaces by bringing in bold colours and creating designs that reflect their personality and bring them joy.

I love helping people create spaces that feel like *them*, where they can relax, entertain, and feel completely at home.

If you'd like help choosing colours for your home, I offer one-off Colour & Design Advice sessions which we can do over zoom or at your home. Find out more here:

[www.lndesigns.co.uk  
/colour-advice-session](http://www.lndesigns.co.uk/colour-advice-session)